

delhi first

HOSPITAL MAKEOVER

FIRST OF FOUR PARTS

Long queues, grey walls and grumpy doctors are synonymous with government hospitals. HT brings you a four-part series on quality govt hospitals to change your perception.

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Modern cancer care, free of cost

IMAGE CHANGE DSCI, a state-of-the-art govt hospital at Shahdara, provides cutting-edge cancer treatment

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NEW DELHI: They say that nothing comes for free. But the Delhi State Cancer Institute (DSCI) not only provides free of cost medication, but also treats about 700 patients, including 40 new cases, everyday.

A posh private hospital in its look, this super-speciality hospital located in the eastern periphery of the Capital caters to the middle-class who cannot afford treatment at private hospitals.

For general category patients, all treatment at this autonomous institute set up by Delhi government in April 2006 is completely free. This includes tests, medicines, stay and food, irrespective of whether they have a BPL card (below poverty line certification) or not. Patients also have the option of choosing private treatment, but this too is available at 30-40% of the cost of treatment at a private hospital.

There are 29 private beds for people who want privileged services.

With its four operation theatres under construction, DSCI currently offers only medical and radiotherapy treatment. But after the OTs are ready by April-end, the hospital plans to start a surgical unit.

By the end of 2012, the hospital administration is hopeful of having a complete cancer care set up in place. Currently, the surgical gap is bridged through tie-ups with GB Pant, Lok Nayak, Swami Dayanand and GTB hospitals.

MONEY MATTERS

A leukemia (blood cancer) patient in the general ward, for example, can get chemotherapy using Imatinib Mesylate free of cost, while patients in private wards have to pay less than ₹2,000 for the same facility.

At a private hospital, chemotherapy using the same anti-cancer drug costs ₹7,000 per cycle, with a minimum of six to eight cycles needed.

Similarly, a chemotherapy cycle of Oxaliplatin to fight gastrointestinal cancer that costs ₹15,000 at a private hospital, is free for general ward patients here. "We procure the drug directly from the manufacturer. The benefit is transferred to patients," said Dr RK Grover, director, DSCI.

Even expensive drugs such as Herceptin, used to treat breast cancer patients after standard treatments fail, are available at reduced rates to private category patients.

"Once the manufacturer's patent ends this year, generic players can enter the market, making it possible for us to give it for free to poor patients and at one-third the cost to general category patients," he said.

Free treatment is what helped

FACILITIES

■ **Linear Accelerators:** Aggressive treatment: ₹40,000-50,000 (6-7 weeks) Palliative care: ₹20,000-30,000 (2-4 weeks)

■ **Image Guided Radio Therapy:** ₹90,000 (lasts 6-8 weeks)

■ **Modular operation:** Theatres with gamma probe facilities, ICU, and bone marrow transplant units to be functional by May 2012

■ **High-dose rate (HDR) brachytherapy:** ₹8,000 - 10,000 (when done manually) The HDR machine will take 4-6 weeks to be installed

■ **Intra-operative radiotherapy:** ₹25,000-30,000

■ **Chemotherapy:** ranges from ₹200- ₹10,000 (depends on the type of cancer)



■ A cancer patient undergoes Image Guided Radio Therapy treatment at Delhi State Cancer Institute in New Delhi on Monday. M ZHAZO/HT PHOTO

Samsheer Akhtar, 8, who had a brain tumour: "I was told about this hospital by a man while I was waiting in one of the long queues at Lok Nayak's cancer centre," said Kamran Akhtar, Samsheer's father, who is a daily wage labourer and lives on the outskirts of Delhi.

A TECH EDGE

Thanks to the hospital, even poor patients such as Akhtar have access to cutting-edge cancer-fighting equipment. This includes three linear accelerators with intensity, modulated radiation therapy and image-guided radiotherapy treatments.

The most basic of tests for tumour markers that cost between ₹12,000 and ₹15,000 at a private lab are priced at ₹300 and ₹500 for private patients. While all medicines are free for poor patients, people opting for private wards roughly get over a 50% discount on the printed rate.

EASY ON THE EYES

Unlike the standard green-and-white paint in most government hospitals, all four cancer OPDs at the DSCI are painted a different colour.

The hospital also uses a unique electronic queue-management system to ensure that patients do not have to wait. After registration, the barcode on the OPD card is scanned to generate an OPD number with a colour bar to help patients identify their room (red, blue, green and yellow). "Colour-coding not only makes the process of finding the doctor easy for the patient, but also livens up the hospital atmosphere," said Dr Grover.

PRICE WISE

General beds: 66 beds. Treatment, stay & food is free
Semi-private room: ₹2,100/day
Private room: ₹5,100/day
Deluxe room: ₹9,000/day

TREATMENT COSTS

Medicines: 50% discount on MRP; all tests priced at 40-50% lower than cost at private laboratories
Diagnostics: Most tests cost one-third the commercial price

Test	DSCI	Private hospital
128-Slice CT Scanner	₹500/per site	₹1,200-1,500 per/site
Whole body CT	₹2,500	₹7,500-8,000
CT with contrast	₹4,000	₹12,000
Digital X-Ray	₹100	₹200-350
Digital mammography	₹700	₹2,500
Tumour markers	₹300-600	₹1,200-1,500

For general patients, tests, medicines, stay and food is free, irrespective of whether they have a BPL card or not.

Test	DSCI	Private hospital
Complete blood counts	₹75	₹250
KFT/LFT	₹25	₹75-100

DSCI OFFERS MEDICAL TREATMENT AND RADIOTHERAPY

OPD HOURS

Monday-Friday: 7am to 4pm
Saturday: 7am to 12pm

EMERGENCY NO.

+91-11-2211 0303,
+91-11-2211 0505,
+91-11-2211 0606

HOW TO GET THERE

■ DSCI is situated in east Delhi at the Delhi-UP border (near Shahdara), Dilshad Garden, Delhi -110095
■ The nearest Metro station is Shahdara, which is the east-end station on the Shahdara-Rithala line
■ You can also reach the hospital from Vivek Vihar Railway Station (about 2.5 km away) on the EMU rail route connecting Delhi junction and Sahibabad junction.



TOMORROW

The Safdarjung Sports Injuries Centre has become a one-stop destination for people needing hip and knee replacements

'Doctors here keep me feeling positive'

casestudy

SAROJ RANI, 30
A primary school teacher from Kanpur in Uttar Pradesh



A teacher at a private school, Rani was heartbroken when she was diagnosed with uterine cancer, late last year: "I did not know what to do when doctors told me I had cancer. My husband and I make enough to live comfortably but this disease was a bolt from the blue," said Rani, who is undergoing chemotherapy at the day care centre at DSCI.

"I think more than the disease, what sapped my strength was the impending treatment costs," she said, adding, "For a middle-class family, cancer treatment is beyond means. So when a friend told me about this hospital two months back, we took the first train to Delhi."

"I opted for the general category treatment as it was a day care treatment, which did not require any hospitalisation. Since we spend so much on the travel, I did not want my husband to spend on my medicines too," she said.

Rani who first came to the hospital in November last year, has been coming to DSCI every two months.

"I feel very low at times. I was especially sad at the loss of my hair, but the doctors here are really nice. They help boost my confidence and keep me positive. I want to get well for my children. They need me," she said, as tears well up in her eyes.

'Hospital is high-tech, and staff is friendly'

casestudy

ANIL AGARWAL, 52
A wholesale medicine distributor from Shamli in Uttar Pradesh



Neither did he have the strength to stand in long queues to avail free services, nor did he have the funds to go to a private hospital, so Agarwal, a wholesale medicine distributor, opted for a semi-private bed at DSCI.

He found DSCI after he spent over ₹6 lakh at three private hospitals on lung cancer treatment, which he was diagnosed with 10 months ago. "We were mentally devastated. Although cost was a factor, the lack of personalised care at corporate hospitals worried us. That made this hospital a godsend," said Amit Mittal, his adopted son.

"When someone told us about this hospital, we dismissed the idea thinking that it was a government set-up and things would move very slowly. But escalating treatment costs forced us to change our mind. After we came and saw what this facility had to offer, we knew we were in safe hands. The centre is high-tech and very neat and

clean. The nursing staff is friendly and the hospital food is also good," he said.

"Doctors are taking good care of me, and I will be fine soon," said Agarwal, holding back tears.

"In my previous hospital stay, which lasted 15 days, I had seen the face of the chief consultant only once. Here the doctor pays a visit every day," he said.

DELHI STATE CANCER INSTITUTE
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(an autonomous institution under the Govt. of NCT of Delhi)
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NOTICE INVITING TENDER

Online item rate tenders are invited on behalf of Director, DSCI from CPWD registered contractor (Civil/Electrical) and specialized agencies who have completed similar works as per detailed terms & conditions given in websites.

NIT no.	Name of the Work	Estimated Cost (Rs)	EMD (Rs)	Time Allowed For Completion of work	Cost of tender (Rs)	Last date & time of online submission of Tender	Period during which EMD, Cost of tender Document, E-tender Processing Fee and other Documents shall be submitted	Date & time of Opening of tender	Form No.
01/EE/ DSCI/ 2012-13	Converting Temp. Space for waiting room C/o 2 nos. Toilets & Grading roof of cooling tower at 3rd floor at DSCI	982470/-	19649/-	02 Months	500/-	23/05/12 upto 3:00 P.M	24/05/12 upto 2:30 P.M	25/05/12 at 2:30 P.M	08
02/EE/ DSCI/ /2012-13	Providing glass entry doors & partitions in Service Block at DSCI	791625/-	15833/-	02 Months	500/-	23/05/12 upto 3:00 P.M	24/05/12 upto 2:30 P.M	25/05/12 at 2:30 P.M	08
03/EE/ DSCI/ 2012-13	Providing Polycarbonate dome on entry of 'C' block and covering of Terrace of OTs at DSCI	2433362/-	48667/-	03 Months	500/-	23/05/12 upto 3:00 P.M	24/05/12 upto 2:30 P.M	25/05/12 at 2:30 P.M	08
04/EE/ DSCI /2012-13	Improvement of Lift lobby & entrance area of Admn. Building & internal finishing of cooling tower structure & Misc works at DSCI	3283355/-	65867/-	03 Months	500/-	23/05/12 upto 3:00 P.M	24/05/12 upto 2:30 P.M	25/05/12 at 2:30 P.M	08
05/EE/ DSCI/ 2012-13	C/o Kitchen Block (B+G+3) at Dharamshala Building at DSCI	8088678/-(C) 349709/-(E) =8438387/-	168768/-	06 Months	500/-	28/05/12 upto 3:00 P.M	29/05/12 upto 2:30 P.M	29/05/12 at 3:30 P.M	08
01/CE/ DSCI/ 2012-13	Providing, installing, Operation & maintenance of 1000 KVA D.G sets on hire basis at DSCI	N.A	40000/-	12 Months	500/-	23/05/12 upto 3:00 P.M	24/05/12 upto 2:30 P.M	25/05/12 at 2:30 P.M	08
02/CE/ DSCI/ 2012-13	Annual Maintenance and operation of 2 X 1000 KVA indoor substation at DSCI	799416/-	16000/-	12 Months	500/-	23/05/12 upto 3:00 P.M	24/05/12 upto 2:30 P.M	25/05/12 at 2:30 P.M	08

For details please see the website: <https://govtprocurement.delhi.gov.in>

(Executive Engineer (C), DSCI)

IndianOil
Marketing Division - Eastern Region - Kolkata
NOTICE INVITING TENDER
NIT No./Name of Work :
ERILMPT-02/12-13 : Supply of 250ML & 500ML HDPE New Design Containers at Kolkata.
Sale Period : 15.05.12 to 11.06.12
Contact Person : Sr. Manager (LC), LF, PHP, Tel. No. : (033) 24391408, Email : krchoudhury@indianoil.in
Visit : www.indianoilindia.com for more details.

pstcl Punjab State Transmission Corporation Ltd.
Registered Office, PSEB Head Office The Mtr, Patna-147001
NOTICE INVITING TENDER
Office of the : Engineer-in-Chief / P&M, Procurement Cell, Power Colony No. 1, Near Pb. Agriculture University, Gate No. 1, Ferozpur Road, PSTCL, Ludhiana-141001.
Tender Notice for: Procurement of SF-6 Gas Filling, Filtration & Evacuation Device (Mobile type mounted on wheels) for 220/132 KV Sub-Station
Tender Enquiry No.: 33/2012-13
Quantity : 1 No.
Last Date and Time for:
i) Sale of Tender Documents : 08-06-2012 upto 10:00AM
ii) Receipt of Tenders : 12-06-2012 upto 10:00AM
iii) Opening of Tenders : 12-06-2012 at 11:00AM
Detailed NIT may be down loaded from PSTCL's website www.pstcl.org
Addl. S.E./Procurement, For Engineer-in-Chief / P&M, C.P.S.111231233 PSTCL, Ludhiana. (Use solar power for domestic use)

CENTRAL ELECTRICITY REGULATORY COMMISSION
Ground Floor (Front Side), Chanderlok Building, 36, Janpath, New Delhi - 110 001
Tele: 23353503, Fax : 23752957, Website : www.cercind.gov.in

ENGAGEMENT OF INDIVIDUAL CONSULTANTS
Central Electricity Regulatory Commission, a Statutory Autonomous Body, invites technological bids from suitable candidates for the positions of **Individual Consultants** at the level of **Senior Advisor (Power Markets)** and **Advisor (Economics)**. The positions are purely on contractual basis and initially for two years which is extendable up to three years. Please visit CERC's website www.cercind.gov.in for details. Interested and eligible candidates may submit applications in the prescribed format to Assistant Secretary (P&A) to the above address by 3.00 P.M of 04.06.2012.

Assistant Secretary (P&A)

INDIAN COUNCIL OF MEDICAL RESEARCH
Applications are invited up-to 29th June 2012 for one post of Scientist 'B' (Genetics) un-reserved) at its Regional Medical Research Centre for Tribals, Jabalpur in the Pay Band-3 of Rs. 15,600-39,100 plus Grade Pay Rs. 5400/- and usual Allowances as admissible as per Government norms.
Essential Qualification & Experience:
(i) MBBS degree recognized by MCI or First class Master's degree in Genetics/Life science from a recognized University or 2nd class M.Sc. in Genetics/Life Sciences with Ph.D. degree from a recognized University or equivalent.
Desirable Qualifications:-
1. M.D. or Ph.D. degree in related subject from a recognized university.
2. Additional research/teaching experience in relevant subjects haemoglobinopathies in Recognized Institutes).
3. Knowledge of Computer Applications.
Age Limit: Not exceeding 35 years. Relaxable up-to 5 years for Government servants and SC/ST/OBC candidates in accordance with the instructions issued by the Department of Personnel and Training from time to time in this regard. However, the prescribed age may be further relaxed in exceptional cases for experienced & qualified candidates.
General Relaxation Clause: Age, qualification and experience will be relaxable in deserving cases as mentioned in the Recruitment Rules of Health Research Scientists Cadre of ICMR, 2007 under Rule 14, Notes 1 and 2 of Annexure-III.
For Job Requirements, other details of the post and application form may be obtained from ICMR's Website: <http://www.icmr.nic.in>.